
RODOULA
DOUGH & DESSERT PRODUCTS
Dough
Food Service Products

About us

A **delicious story** began somewhere in Epirus, in a beautiful house by the lake. With a lot of playing, happy voices, fragrant smells and a grandmother who introduced us to the secrets of gastronomy and well-living. Going through an enchanting experience with her, has left us with an important legacy. A legacy that entails recipes we loved, passion and knowledge about food and a lot of fondness for what we do.

In 1999, Panagiotis and Ilias Karachalios laid the foundation for the future, in a small workshop, in a neighborhood in Athens, with very personal care and fondness. Since the first day of the operation, the goal was –and always remains– to offer safe, well cared, healthy and quality products, through a modern and standardized production processes, combining high technology with traditionally authentic recipes.

Over the years, we have linked and identified our brand name with the creation of innovative quality and safe products, enhancing our customer-centric character every day. **RODOULA** has stable and reliable partnerships with domestic and foreign suppliers for its raw materials in order to ensure high international quality standards. Through the years **RODOULA** has created many tasty & innovative products, strengthening and supporting its partners businesses' profile, daily putting great efforts through all levels of management in order to achieve higher quality of products.

- **3** factories
- **3** logistics centers (Athens, Thessaloniki, Creta)
- **18.000** sm²

- **350.000** portions produced per day

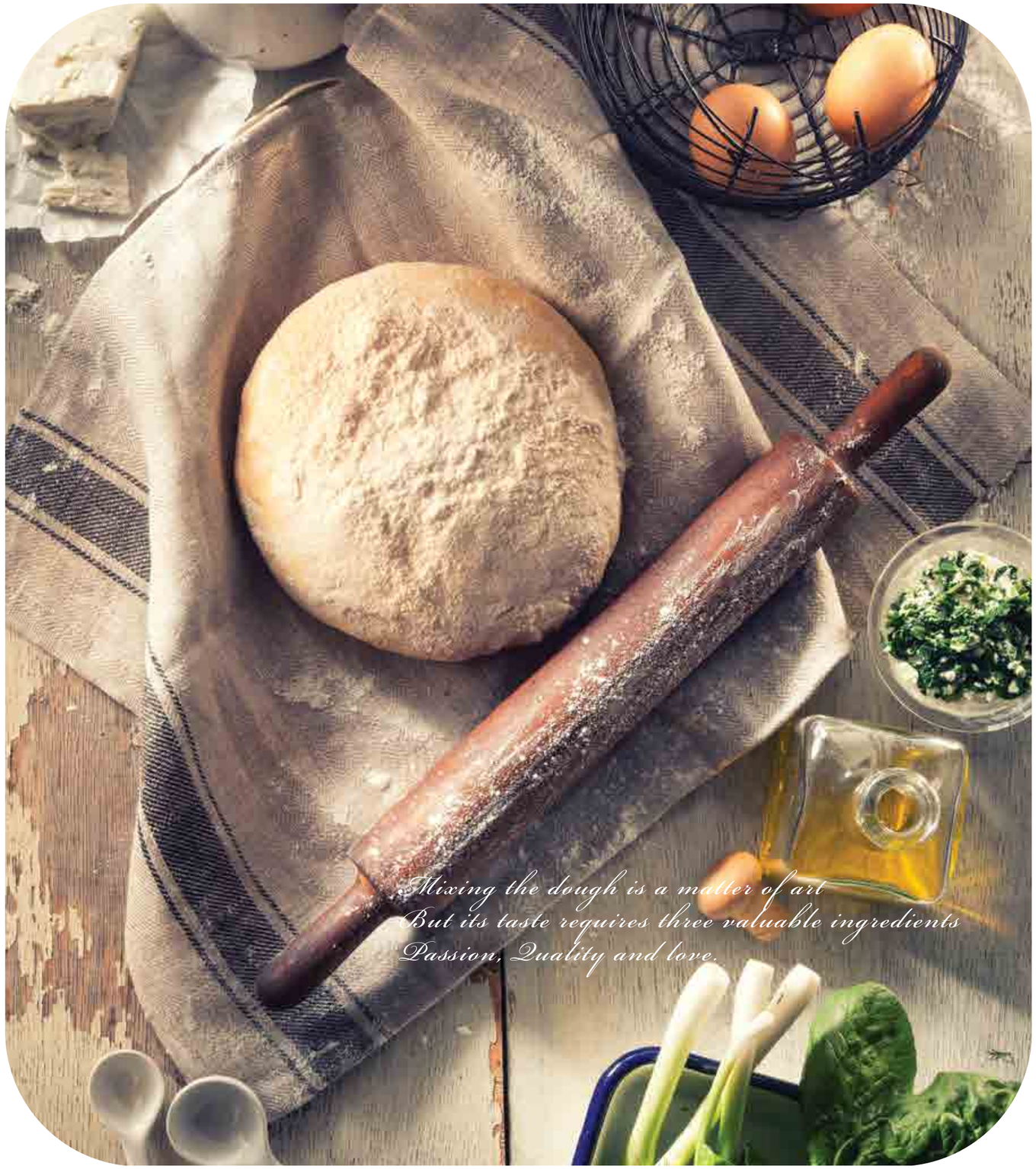
- **400** employees

- **5** continents
- **48** countries
- **25.000** points of sale

Yours sincerely,

Panagiotis Karachalios
Ilias Karachalios

PS. We'd like to believe that over the years we have built unbreakable ties and relationships of cooperation and of mutual support and respect, with consistency and dignity.





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Code A 1/25

General Handling Instructions

DEFROST | BAKING TIME | BAKING TEMPRATURE | STOVE | SPREADS | FRYING | EXTRA VIRGIN OLIVE OIL | WITHOUT TRANS FAT

GENERAL INSTRUCTIONS

- All products must be stored in the freezer (-18oC)
- The shelf-life of products in the freezer (-18oC) is written on the label of each product
- Refreezing is forbidden
- After baking, products must be consumed within 2-3 hours, so you must make sure that the quantity which is baked is sufficient to be consumed within this time period.

BAKING INSTRUCTIONS

- You can find baking instructions for each category in this brochure
- Baking time and temperature are indicative and depend on the type of oven available
- DEFROSTING symbol means that, for better results, you should defrost the product in ambient temperature for 30 minutes before baking
- For better appearance and golden color, you can coat products with milk or egg before baking

QUALITY ASSURANCE

RODOULA company not only follows the current legislation, but is also certificated according to ISO 9001:2015, ISO 22000:2018, IFS & BRC standards, following strict guidelines, aiming at production of safe and high-quality products. All preventive actions and quality control are performed from specialized staff with the help of contemporary equipment.

WARNING
Defrosting and baking time may change according with the type of the available machine. For more specific instructions see below the code. For more information contact with the Quality Department of the company.

T.: 210 247 8615, Email: quality@rodoula.gr

International Certifications
Quality Assurance

FDA APPROVED | IFS Food | TÜV AUSTRIA HELLAS | HALAL | SMETA

International Awards
Quality, Taste & Innovation

FABI FOOD & BEVERAGE 2019 AWARD





Dough

A beautiful story is hidden behind every traditional or modern recipe made by housewives in every corner of Greece, in every corner of our country.

These beautiful stories have aromas, love, pure feelings, care and a special way of life that touches the soul of all of us! Over the years our recipes evolve, the ingredients are enriched and the flavors are completed.

Our values, however, offering the purest ingredients of our land, along with our crispiest, fluffiest and most delicious doughs, remain constant.

Rodoula unfolds all her talent in offering with passion and love all her products!

Our life is full of moments and Rodoula knows how to fill them with unique and delicious flavors!

Traditional Pies

TRADITIONAL PIE RECT. 6 PCS



60-70min EXTRA
50-60min

71.0502.0786	1250g/pc	CHEESE
71.0502.1223	1250g/pc	NAXOS (graviera-feta-mizithra)
71.0502.0797	1250g/pc	CRETA (spinach-greens-mizithra)
71.0502.1176	1250g/pc	MYTILINI (kasseri-kefalotyri)
71.0502.1315	1250g/pc	CREAM CHEESE
71.0502.0805	1250g/pc	SANTORINI (tomato-feta-olive)
71.0502.1014	1250g/pc	ELASSONA (yogurt-feta-mizithra)
71.0502.0773	1250g/pc	CHICKEN-BACON
71.0502.0868	1250g/pc	CHICKEN
71.0502.0954	1250g/pc	HAM-CHEESE
71.0502.1157	1250g/pc	BOUGATSA
71.0502.1186	1250g/pc	MUSHROOM
71.0502.1093	1250g/pc	VEGAN CHEESE*
71.0502.1094	1250g/pc	VEGAN SPINACH-CHEESE*

7pcs/box 72box/pal

TRADITIONAL PIE RECT. 6 PCS

71.0502.0428	1500g/pc	CHEESE EXTRA
71.0502.0427	1500g/pc	CRETA EXTRA (spinach-greens-feta)

6pcs/box 72box/pal

*Cheese substitute

TRADITIONAL PIE RECT. 4 PCS



35-40min

71.0502.1317	850g/pc	NAXOS (graviera-feta-mizithra)
71.0502.1318	850g/pc	CRETA (spinach-greens-feta)
71.0502.1319	850g/pc	CHICKEN
71.0502.1324	850g/pc	MINCED MEAT

10pcs/box 105box/pal

TRADITIONAL PIE ROUND. 8 PCS



60-70min

71.0502.0526	1700g/pc	CHEESE EXTRA
71.0502.0514	1700g/pc	CRETA EXTRA (spinach-greens-feta)

6pcs/box 48box/pal



NO | 180°C | OPTIONALLY SPREAD EGG OR MILK | EXTRA VIRGIN OLIVE OIL | WITHOUT TRANS FAT



NO

180°C

OPTIONALLY SPREAD
EGG OR MILK

EXTRA VIRGIN
OLIVE OIL

WITHOUT
TRANS FAT

Country - Style

COUNTRY-STYLE ROUND 8 PCS



60-70min
EXTRA

71.0402.0223 1700g/pc **SPINACH-CHEESE PIE EXTRA**
71.0402.0242 1700g/pc **CHEESE PIE EXTRA**

6pcs/box 48box/pal

COUNTRY-STYLE ROUND. 6 PCS



60-70min

71.0502.1381 1200g/pc **CHEESE PIE**

7pcs/box 48box/pal

COUNTRY-STYLE RECT. 6 PCS



60-70min EXTRA

50-60min

71.0402.0074 1500g/pc **SPINACH PIE CHEESE EXTRA**
71.0402.0079 1500g/pc **CHEESE PIE EXTRA**

6pcs/box 72box/pal

71.0502.0799 1200g/pc **SPINACH-CHEESE PIE**
71.0502.0798 1200g/pc **CHEESE PIE**

7pcs/box 72box/pal

COUNTRY-STYLE RECT. 12 PCS



60-70min EXTRA

71.0402.0226 3400g/pc **SPINACH-CHEESE PIE EXTRA**

5pcs/box 24box/pal

71.0402.0227 3400g/pc **CHEESE PIE EXTRA**

6pcs/box 24box/pal

Special Pies

TRADITIONAL CRETAN PIE RECT. 6PCS (with sesame)

(SPINACH-GRAVIERA-FETA)



50-60min

71.0502.1206 1250g/pc

7pcs/box 72box/pal

MAMA FETA RECT. 6 PIECES



50-60min EXTRA

71.0502.0866 1300g/pc **CHEESE PIE EXTRA**

7pcs/box 72box/pal

TRADITIONAL CHEESE PIE RECT. 6PCS (with sesame)

(FETA-MIZITHRA-HONEY)



50-60min

71.0502.1198 1250g/pc

7pcs/box 72box/pal

Baklava Pies

BAKLAVA RECT. 24 PCS



50-60min

71.0502.0189 1700g/pc **SPINACH-CHEESE**
71.0502.0190 1700g/pc **CHEESE**

5pcs/box 72box/pal

BAKLAVA ROUND 34 PCS



50-60min

71.0502.0529 1700g/pc **SPINACH-CHEESE**
71.0502.0566 1700g/pc **CHEESE**

6pcs/box 48box/pal



50-60min

BAKLAVAS TRADITIONAL PIE RECT 24PCS

71.0502.1156 1100g/pc **SPINACH-CHEESE**
71.0502.1154 1100g/pc **NAXOS (graviera-feta-mizithra)**

8pcs/box 72box/pal



NO

180°C

OPTIONALLY SPREAD EGG OR MILK

EXTRA VIRGIN OLIVE OIL

WITHOUT TRANS FAT

Traditional Pies individual

TRADITIONAL TRIANGLE PIES



30min

71.0302.0597	200g/pc	CHEESE
71.0302.1221	200g/pc	NAXOS (graviera-feta-mizithra)
71.0302.0598	200g/pc	CRETA (spinach-greens-mizithra)
71.0402.1019	200g/pc	ELASSONA (yogurt-feta-mizithra)
71.0302.1289	200g/pc	CREAM CHEESE
71.0302.0494	200g/pc	CHICKEN-BACON
71.0302.0282	200g/pc	CHICKEN
71.0302.0622	200g/pc	CRETA (spinach-greens)
71.0302.0038	200g/pc	LEEKS
71.0402.0266	200g/pc	MUSHROOM
71.0302.1097	200g/pc	VEGAN SPINACH & CHEESE*

40pcs/box 72box/pal



30min

TRADITIONAL TRIANGLE PIES

71.0302.0280	200g/pc	CHEESE PIE
71.0302.0281	200g/pc	SPINACH-CHEESE PIE
71.0302.0149	200g/pc	SPINACH PIE

40pcs/box 72box/pal

CRETAN TRIANGLE PIE (with sesame)



20-25min

71.0302.1207	200g/pc	(SPINACH-GRAVIERA-KEFALOTYRI-FETA)

TRADITIONAL TRIANGLE PIE (with sesame)

71.0302.1208	200g/pc	(FETA-MIZITHRA-HONEY)

40pcs/box 72box/pal

Spiral Twists

TRADITIONAL ROLL



71.0302.1400	110g/pc	FENNEL-CHEESE
71.0302.1438	110g/pc	ROLL SOUR CHEESE - HONEY (white - black sesame)

40pcs/box 72box/pal



30min

SPIRAL

71.0302.0172	220g/pc	CHEESE PIE
71.0302.0173	220g/pc	SPINACH-CHEESE PIE
71.0302.0069	220g/pc	SPINACH PIE

40pcs/box 72box/pal



30min

DOUBLE ROLL

71.0302.0511	220g/pc	POTATO
71.0302.0563	200g/pc	LEEK-LENTEN

40pcs/box 72box/pal

Traditional Boureki



30min

71.0302.1237	220g/pc	BOUREKI WITH FETA & KATIKI CHEESE (honey-sesame)



30min

71.0302.1238	220g/pc	BOUREKI WITH SPINACH-GREENS AND CHEESE
71.0302.1242	220g/pc	BOUREKI WITH SPINACH- GREENS

40pcs/box 72box/pal

NO | 180°C | OPTIONALLY SPREAD EGG OR MILK | EXTRA VIRGIN OLIVE OIL | WITHOUT TRANS FAT



NO

180°C

OPTIONALLY SPREAD
EGG OR MILK

EXTRA VIRGIN
OLIVE OIL

WITHOUT
TRANS FAT

Traditional mini Pies

TRADITIONAL MINI PIE



30min

71.0102.1041	40g/pc	CHEESE
71.0102.1073	40g/pc	NAXOS (graviera-feta-mizithra)
71.0102.1042	40g/pc	CRETA (spinach-greens-mizithra)
71.0102.1193	40g/pc	MYKONOS (sausage-sauce-cheese)
71.0102.1044	40g/pc	ELASSONA (yogurt-feta-mizithra)
71.0102.1068	40g/pc	HAM-CHEESE

6kg/box 90box/pal

TRIANGULAR COUNTRY BITES



30min

71.0102.0029	40g/pc	CHEESE PIE
71.0102.1149	30g/pc	CHEESE PIE PREMIUM
71.0102.0642	40g/pc	CHEESE PIE 4 CHEESES
71.0102.0041	40g/pc	SPINACH-CHEESE
71.0102.1148	30g/pc	SPINACH-CHEESE PREMIUM
71.0202.0634	40g/pc	SPINACH PIE LENTEN
71.0102.0130	40g/pc	CHICKEN PIE
71.0102.0624	40g/pc	POTATO PIE
71.0102.0300	40g/pc	MUSHROOM PIE

6kg/box 90box/pal



30min

CRETAN TRIANGULAR (with sesame)

71.0102.1190	40g/pc	(feta-mizithra-honey)

6kg/box 90box/pal

MINI ROLLS



30min

71.0102.0512	35g/pc	CHEESE
71.0702.0260	35g/pc	CHEESE-HAM-BACON
71.0702.0042	35g/pc	VEGETABLES (SPRING ROLLS)
71.0702.1440	35g/pc	SOUR CHEESE - HONEY (white - black sesame)

4kg/box 150box/pal

MINI SPIRAL



30min

71.0102.0152	40g/pc	CHEESE
71.0102.0157	40g/pc	SPINACH & CHEESE
71.0102.0070	40g/pc	SPINACH

6kg/box 90box/pal



NO

NO

180°C

Bougatsa Style Pies

BOUGATSA WITH CUSTARD CREAM



30-40min

71.0301.0779 530g/pc **CUSTARD CREAM (2 servings)**
71.0301.0760 500g/pc **CHEESE PIE (2 servings)**

24pcs/box 72box/pal

71.0322.0045 270g/pc **CUSTARD CREAM INDIVIDUAL**
71.0322.0116 260g/pc **CHEESE PIE INDIVIDUAL**

40pcs/box 72box/pal

BOUGATSA WITH VANILLA CREAM (4 servings)



30-40min

71.0206.0500 1100g/pc **WITH VANILLA CREAM (4 SERVINGS)**

9pcs/box 72box/pal

Bougatsa Style Pie



30-40min

BOUGATSA WITH VANILLA CREAM (2 servings)

71.0206.0003 540g/pc

24pcs/box 72box/pal

Individual Puff Pastry

PUFF PASTRY



20-30min

71.0303.0175 200g/pc **CRESCENT EXTRA**
71.0303.0051 230g/pc **CRESCENT GIGA**
71.0323.0647 200g/pc **CRESCENT LINE**

40pcs/box 66box/pal

71.0303.0167 160g/pc **CHEESE PIE D**
71.0303.0155 150g/pc **CHEESE PIE D LINE**

50pcs/box 66box/pal

CHEESE PIE ROUND



20-30min

71.0303.0087 210g/pc **EXTRA**

40pcs/box 66box/pal

KASSERI PIE



20-30min

71.0303.0289 210g/pc **KASSERI PIE**

KASSERI PIE



20-30min

71.0303.0290 210g/pc **KASSERI NET PIE**

36pcs/box 66box/pal

30min

OPTIONALLY SPREAD EGG OR MILK

180°C

Individual Puff Pastry

HAM-CHEESE PIES



20-30min

71.0303.0027 230g/pc **HAM - CHEESE PIE**
71.0303.0080 230g/pc **(WITHOUT SAUCE)**

36pcs/box 66box/pal

SAUSAGE PIES



20-30min

71.0303.0082 200g/pc **CHEESE - BECHAMEL**
71.0303.0119 180g/pc **WITHOUT SAUCE**
71.0323.0650 200g/pc **SAUCE-CHEESE LINE**

40pcs/box 72box/pal

CHEESE PIE TRIANGULAR



20-30min

71.0303.0850 180g/pc **CHEESE PIE**

40pcs/box 72box/pal

30min

OPTIONALLY SPREAD EGG OR MILK

180°C

CHEESE PIE



20-25min

71.0310.0169 160g/pc **SHORTCRUST**
71.0310.0204 160g/pc **SHORTCRUST (TRADITIONAL PASTRY)**

50pcs/box 72box/pal

SHORTCRUST4 CHEESES (with sesame)



20-25min

71.0307.0644 160g/pc

50pcs/box 72box/pal

HAM-CHEESE SHORTCRUST PIE (with sesame)



20-25min

71.0307.1365 240g/pc

30pcs/box 72box/pal

CHEESE SHORTCRUST WITH HONEY (with sesame)



20-25min

71.0307.0861 160g/pc **CHEESE PIE**

40pcs/box 72box/pal

30min

OPTIONALLY SPREAD EGG OR MILK

180°C

CHEESE PIE SHORTCRUST WHOLEGRAIN MULTIGRAIN



20-25min

71.0325.0456 160g/pc

50pcs/box 72box/pal

CHEESE SHORTCRUST PASTRY OVAL



20-25min

71.0307.0431 160g/pc

40pcs/box 90box/pal

CHEESE TRADITIONAL SHORTCRUST PASTRY (FETA-TOMATA-OLIVE) (with sesame)



20-25min

71.0310.0503 215g/pc

35pcs/box 72box/pal

KASSERI SHORTCRUST PASTRY (with sesame)



20-25min

71.0310.0243 200g/pc

45pcs/box 72box/pal

30min

OPTIONALLY SPREAD EGG OR MILK

180°C

Homade Dough Individual Handmade

FETA CHEESE PIE SHORTCRUST MAMA



71.0307.0853 150g/pc

40pcs/box 90box/pal

CHEESE PIE HANDMADE



71.0309.0771 150g/pc

40pcs/box 90box/pal

HANDMADE NAXOS PIE WITH GRUYERE



71.0309.0970 150g/pc

40pcs/box 90box/pal

KASSERI PIE HOMEMADE (CRESCENT)



71.0309.0354 180g/pc

30pcs/box 72box/pal



30min

OPTIONALLY SPREAD EGG OR MILK

180°C

Homade Dough Individual Handmade

HOMEMADE ROUND



20-30min

71.0309.0496 220g/pc **KASSERI PIE**
71.0303.0135 240g/pc **HAM-CHEESE PIE**

30pcs/box 72box/pal

HAM-GRAVIERA PIE HOMEMADE SPECIAL



20-30min

71.0303.1188 250g/pc **HAM-GRAVIERA PIE**

30pcs/box 72box/pal

KASSERI PIE HOMEMADE



20-30min

71.0502.0800 220g/pc

40pcs/box 72box/pal



30min

OPTIONALLY SPREAD
EGG OR MILK

180°C



30min

OPTIONALLY SPREAD
EGG OR MILK

180°C

Homade Dough Individual Handmade

HOMEMADE CHEESE PIE
(with sesame)



20-30min

71.0303.0134 180g/pc

40pcs/box 72box/pal

EPIRUS CHEESE PIE
(with sesame)



20-30min

71.0309.0974 180g/pc

40pcs/box 72box/pal

CREAM CHEESE SHORTCRUST PASTRY
(with white-black sesame)



20-30min

71.0310.1330 180g/pc

40pcs/box 72box/pal

HANDMADE KASERI PIE CRESCENT
(with grated cheese)



20-30min

71.0303.0217 180g/pc

30pcs/box 72box/pal

HANDMADE HAM-CHEESE PIE ROUND



20-30min

71.0309.0588 230g/pc **WHITE SESAME**
71.0309.1296 230g/pc **WITHOUT SESAME**

30pcs/box 72box/pal

HANDMADE KASERI PIE ROUND



71.0309.0569 220g/pc **BLACK & WHITE SESAME**

30pcs/box 72box/pal

Homade Dough Individual Handmade

HAM-CHEESE PIE SPECIAL (with corn seeds)



20-30min

71.0303.0859 240g/pc

30pcs/box 72box/pal

KASSERI PIE SPECIAL (with corn seeds)



20-30min

71.0309.1003 170g/pc

45pcs/box 72box/pal

SAUSAGE ROLL HOMEMADE PASTRY (with kasseri)



20-30min

71.0309.0568 180g/pc

40pcs/box 72box/pal

HOT DOG SAUSAGE PIE (with mustard and ketchup)



20-30min

71.0309.1398 180g/pc

40pcs/box 90box/pal

SAUSAGE PIE SPECIAL (bacon-kaseri)



20-30min

71.0309.1002 210g/pc

40pcs/box 72box/pal

MYKONOS SAUSAGE PIE HOMEMADE (sauce-cheese)



20-30min

60min 40°C

71.0309.0971 200g/pc

40pcs/box 72box/pal



30min

OPTIONALLY SPREAD EGG OR MILK

180°C

Homade Dough Individual Handmade

MINI PUFF PIE



25-30min

71.0103.0011 30g/pc **MAMA FETA CHEESE**

6kg/box 90box/pal

SAUSAGE PIES MINI



25-30min

71.0103.0013 35g/pc

6kg/box 90box/pal

KASSERI PIES MINI



25-30min

71.0103.0014 30g/pc

6kg/box 90box/pal

HAM PIES MINI



25-30min

71.0103.0064 35g/pc

6kg/box 90box/pal

Flutes mini

FLUTES MINI



25-30min

71.0103.0236	40g/pc	KEFALOTYRI-HAM-BACON
71.0110.0093	40g/pc	CREAM CHEESE
71.0110.0101	40g/pc	CREAM CHEESE - HAM & BACON
71.0110.0165	45g/pc	TOMATO-OLIVES

6kg/box 90box/pal

30min

OPTIONALLY SPREAD EGG OR MILK

180°C

Kourou Bites

SHORTCRUST PIE MINI TRADITIONAL



20-30min

71.0110.0521 45g/pc **CHEESE**

6kg/box 90box/pal

FETA SHORTCRUST CHEESE PIE



20-30min

71.0107.1465 50g/pc

6kg/box 90box/pal

SHORTCRUST PIE SNACK MINI GRATED CHEESE



20-30min

71.0107.0174 40g/pc

6kg/box 90box/pal

CHEESE PIES MINI KOUROU (with sesame)



20-30min

71.0110.0066 50g/pc

6kg/box 90box/pal

SHORTCRUST WHOLEGRAIN WITH CHEESE



20-30min

71.3725.0127 45g/pc

6kg/box 90box/pal

SAUSAGE PIE SNACK MINI GRAVIERA-HAM (with sesame)



20-30min

71.0107.0670 35g/pc

6kg/box 90box/pal

SAUSAGE PIE KOUROU MINI



20-30min

71.0107.0661 35g/pc

6kg/box 90box/pal

Greeks Bagels & Flutes

FLUTES



20-25min



71.0303.0407	190g/pc	CHEESE
71.0303.0063	190g/pc	CREAM CHEESE
71.0303.0088	190g/pc	CREAM CHEESE - BACON
71.0303.1436	190g/pc	TURKEY - CREAMY CHEESE (white - black sesame)
71.0303.0405	190g/pc	HAM-CHEESE (ham-cheese-bechamel)
71.0328.0822	190g/pc	CHICKEN
71.0303.0358	190g/pc	TOMATO-OLIVES

40pcs/box 72box/pal

BAGELS



20-25min



71.0310.0408	220g/	CHEESE
71.0310.0102	pc 220g/	CREAM CHEESE
71.0310.0104	pc 220g/	CREAM CHEESE - BACON & HAM
71.0310.1439	pc 220g/	TURKEY - CREAMY CHEESE (white - black sesame)
71.0310.0166	pc 220g/	TOMATO-OLIVES
71.0310.0700	pc 220g/pc	TOMATO
71.0310.0301	220g/pc	PRALINE

30pcs/box 72box/pal



20-25min

TWISTY BAGELS

71.0303.0614	210g/pc	CHEESE
71.0303.0561	220g/pc	SOFT WHITE CHEESE
71.0303.1349	210g/pc	CREAM CHEESE
71.0403.0818	220g/pc	TAHINI & HONEY
71.0303.0291	210g/pc	HAM-CHEESE-BECHAMEL

25pcs/box 72box/pal



30min

OPTIONALLY SPREAD
EGG OR MILK

180°C



NO

NO

OPTIONALLY SPREAD
EGG OR MILK

180°C

Crouasinia

CROUASINIA BUTTER



20-25min

71.0107.0170 40g/pc

8kg/box 72box/pal

CROUASINIA VIENNESE



20-25min

71.0107.1001 45g/pc

6kg/box 72box/pal

CROUASINIA CHEESE



20-25min

71.0107.0171 70g/pc **CHEESE**

8kg/box 72box/pal

CROUASINIA HAM-CHEESE



20-25min

71.0107.0062 70g/pc

8kg/box 72box/pal

CROUASINIA BUTTER WITH CHOCOLATE



20-25min

71.0107.0106 60g/pc

8kg/box 72box/pal

CROUASINIA TWISTED WITH CHOCOLATE



20-25min

71.0107.0874 70g/pc

8kg/box 72box/pal

Croissants

CROISSANT



20-25min

86.0305.5117 120g/pc **BUTTER GIGA**
86.1519.5353 120g/pc **MARGARINE MAXI**

60pcs/box 90box/pal

86.0305.5046 150g/pc **FILLED WITH PRALINE**

65pcs/box 72box/pal

CROISSANT CHOCOLATE GIGA



20-25min

71.0307.0097 140g/pc

60pcs/box 90box/pal



20-25min

CROISSANT SPECIAL

71.0307.0098 200g/pc **HAM-CHEESE**
71.0307.1339 190g/pc **CREAM CHEESE- HAM**

45pcs/box 72box/pal

CROISSANT



20-25min

71.0305.0579 190g/pc **PRALINE**
71.0305.0580 190g/pc **PRALINE-BANANA**

50pcs/box 72box/pal

BRAID CROISSANT PRALINE-BANANA



20-25min

71.0307.0417 190g/pc

50pcs/box 72box/pal

APPLE CROISSANT



20-25min

71.0307.0158 200g/pc

50pcs/box 72box/pal

CROISSANT APPLE PIE NET



20-25min

71.0307.0413 200g/pc

50pcs/box 36box/pal

NO

90min 40°C

OPTIONALLY SPREAD EGG OR MILK

180°C

NO

90min 40°C

OPTIONALLY SPREAD
EGG OR MILK

180°C

Croissant Bites

CROISSANT BUTTER MINI



12-15min

86.0105.5118 25g/pc **BUTTER**

6kg/box 90box/pal

CROISSANT MARGARINE



12-15min

86.0107.5662 25g/pc **MARGARINE HOTELLING**

10kg/box 72box/pal

86.0107.5358 25g/pc **MARGARINE**

6kg/box 90box/pal

CROISSANT HAM-CHEESE MINI



20-25min

71.0107.0017 35g/pc **HAM-CHEESE**

6kg/box 90box/pal

ROLLS HAM-CHEESE MINI



20-25min

71.0107.0179 40g/pc **HAM-CHEESE**

6kg/box 90box/pal

SAUSAGE CROISSANT MINI



20-25min

71.0107.0215 30g/pc

6kg/box 90box/pal

CROISSANT MULTIGRAIN MINI



20-25min

71.0125.1443 35g/pc **TURKEY- CREAM CHEESE**

6kg/box 90box/pal

Croissant Bites

CROISSANT MINI FILLED WITH PRALINE



15-20min

86.0305.5623 35g/pc

6kg/box 90box/pal

CROISSANT CHOCOLATE MINI



20-25min

71.0107.0019 35g/pc

6kg/box 90box/pal

CROISSANT PRALINE MINI



20-25min

71.0107.0412 40g/pc

6kg/box 90box/pal

SWEET ROLLS MINI



20-25min

71.0107.0058 40g/pc **RAISIN-CREAM**

6kg/box 90box/pal

CROISSANT PRALINE-BANANA MINI



20-25min

71.0105.0589 40g/pc

6kg/box 90box/pal

APPLE CROISSANTS MINI



20-25min

71.0107.0020 40g/pc

6kg/box 90box/pal

BOUGATSA WITH VANILLA CREAM CROISSANTS MINI



20-25min

71.0107.0016 40g/pc

6kg/box 90box/pal



NO

90min 40°C

OPTIONALLY SPREAD EGG OR MILK

180°C



NO

OPTIONALLY SPREAD
EGG OR MILK

180°C

Brioche Individual

PEINIRLI BRIOCHE (ham - cheese - bacon)



20-25min

60-90min
40°C

71.0309.0178 220g/pc

30pcs/box 72box/pal

PEINIRLI BRIOCHE BOAT (ham - cheese - bacon)



20-25min

60-90min
40°C

71.0306.0316 240g/pc

30pcs/box 72box/pal

STRUDEL SPECIAL INDIVIDUAL



20-25min

30-40min
40°C

71.0326.0824 230g/pc

30pcs/box 90box/pal

CALZONE BRIOCHE (ham - cheese - bacon)



20-25min

60-90min
40°C

71.0309.0202 240g/pc

35pcs/box 72box/pal

SAUSAGE PIE DOUBLE SPECIAL



20-25min

90min
40°C

71.0309.0185 240g/pc

40pcs/box 72box/pal

HAMBURGER WITH CHEESE



20-25min

60-90min
40°C

71.0309.0201 220g/pc

40pcs/box 72box/pal

HAMBURGER NEST (with grated cheese)



20-25min

60-90min
40°C

71.0306.0159 250g/pc

40pcs/box 72box/pal

CHICKEN NEST PIE



20-25min

60-90min
40°C

71.0306.1397 240g/pc

40pcs/box 72box/pal

Brioche Bites

SAUSAGE PIE MINI BRIOCHE



20-25min

71.0109.0199 35g/pc

DOUBLE SAUSAGE MINI BRIOCHE



20-25min

71.0106.0587 60g/pc **KASSERI**

PEINIRLI MINI BRIOCHE



20-25min

71.0109.0099 50g/pc

6kg/box 90box/pal

Pizza Nest Individual



20-25min

71.0306.1328 240g/pc **MOZZARELLA-HAM**



20-25min

71.0306.1325 240g/pc **HAM-CHEESE-PEPERONI**

30pcs/box 72box/pal



NO | **60min 40°C** | **OPTIONALLY SPREAD EGG OR MILK** | **180°C**

All - Bran Multigrain

KOULOURI WHOLEGRAIN



30-40min

71.0311.0129 220g/pc **GREEK SOFT WHITE CHEESE**
71.0325.0292 230g/pc **TURKEY - GREEK SOFT WHITE CHEESE**
71.0325.0976 230g/pc **CREAM CHEESE - TURKEY**

25pcs/box 72box/pal

CHEESE PIE SHORTCRUST WHOLEGRAIN MULTIGRAIN



30-40min

71.0325.0456 160g/pc **CHEESE**

50pcs/box 72box/pal

KOULOURI MULTIGRAIN (PUFF)



30-40min

71.0325.1010 220g/pc **GREEK SOFT WHITE CHEESE**
71.0325.1353 220g/pc **CREAM CHEESE**

25pcs/box 72box/pal

FLUTES MULTIGRAIN



30-40min

71.0325.0975 200g/pc **TURKEY - CREAM CHEESE**
71.0325.1333 200g/pc **CREAM CHEESE**

40pcs/box 72box/pal

CROISSANT MULTIGRAIN MINI



25min 40-60min 170°C

71.0325.1443 35g/pc **TURKEY - GREEK SOFT WHITE CHEESE**

6kg/box 72box/pal

SHORTCRUST WHOLEGRAIN WITH CHEESE



30min 180°C 20-30min

71.3725.0127 45g/pc

6kg/box 90box/pal



NO

30min 40°C

OPTIONALLY SPREAD EGG OR MILK

180°C

Traditional Filled Dough



TRADITIONAL PIE CHICKEN - BACON (with corn seeds)

71.0320.1203 200g/pc

20-30min 30min 40°C

25pcs/box 90box/pal

YES | 30min 40°C | 20-30min | 170°C | OPTINONALLY SPREAD EGG OR MILK

Traditional Peinerli



PEINIRLI TRADITIONAL (ham - cheese - bacon)

71.0320.0267 240g/pc

30-35min 50-60min 30°C

25pcs/box 72box/pal



71.0312.0515 260g/pc **MEDITERRANEAN (tomato - olives)**

71.0312.0110 260g/pc **MEDITERRANEAN (cheese - tomato - olives)**

30-35min 50-60min 40°C

25pcs/box 72box/pal



30min | 30min 40°C | OPTIONALLY SPREAD EGG OR MILK | 180°C



NO

NO

200°C

Tradiotional Peinerli
(with prebaked dough)

PEINIRLI SPECIAL
(ham-cheese-bacon)



6-8min

71.0356.1150 230g/pc

25pcs/box 36box/pal

PEINIRLI MEDITERRANEAN
(cheese-tomato-olives)



6-8min

71.0356.1151 230g/pc

25pcs/box 36box/pal



6-8min

PIZZA SPECIAL INDIVIDUAL

71.0356.1163 220g/pc **HAM - CHEESE - BACON**

30pcs/box 24box/pal

Pizza



PIZZA SPECIAL RECTANGULAR 6 PCS

71.0508.0089 1200g/pc **HAM - CHEESE - BACON**

7pcs/box 36box/pal

30-35min 60-70min 40°C



CALZONE PUFF PASTRY 6 PCS

71.0603.0623 1200g/pc **HAM - CHEESE - BACON**

8pcs/box 48box/pal

30-35min 50-60min 40°C

PIZZA SPECIAL INDIVIDUAL



20-25min 60-70min 40°C

71.0309.0262 250g/pc **HAM - CHEESE - BACON**

30pcs/box 36box/pal

PIZZA MINI



20-25min 60-70min 40°C

71.0109.0234 45g/pc **HAM - CHEESE - BACON**

6pcs/box 90box/pal



NO

180°C

Pizza & Pinsa Toscana

PINSA TOSCANA



71.0508.1414 480g/pc **OVAL GOUDA -TOMATO SAUCE**



71.0508.1415 580g/pc **OVAL SPECIAL (HAM - CHEESE - BACON) 4-6PCS**

10pcs/box 54box/pal

PIZZA TOSCANA



71.0508.1422 530g/pc **GOUDA -TOMATO SAUCE 6-8PCS**



71.0508.1418 580g/pc **SPECIAL (ham-cheese-bacon) 6-8PCS**

10pcs/box 24box/pal



71.0508.1423 320g/pc **GOUDA -TOMATO SAUCE 2PCS**



71.0508.1420 380g/pc **SPECIAL (ham - cheese - bacon) 2PCS**

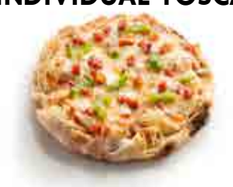
15pcs/box 36box/pal

PEINERLI TOSCANA



71.0309.1412 200g/τμχ **SPECIAL (ham - cheese - bacon)**

PIZZA INDIVIDUAL TOSCANA



71.0309.1417 220g/pc **SPECIAL (ham - cheese - bacon)**

25pcs/box 36box/pal



15min

5-7min
230°C



NO

180°C

OPTIONALLY SPREAD EGG OR MILK

EXTRA VIRGIN OLIVE OIL

WITHOUT TRANS FAT

Cretan

Pies



50-60min

TRADITIONAL CRETAN PIE RECT. 6PCS (with sesame)

(SPINACH-GRAVIERA-FETA)

71.0502.1206 1250g/pc

7pcs/box 72box/pal



50-60min

TRADITIONAL CHEESE PIE RECT. 6PCS (with sesame)

(FETA-MIZITHRA-HONEY)

71.0502.1198 1250g/pc

7pcs/box 72box/pal

Triangular Individual

CRETAN TRIANGULAR PIE (with sesame)

71.0302.1207 200g/pc (SPINACH-GRAVIERA-KEFALOTYRI-FETA)

CHEESE PIE TRIANGULAR (with sesame)

71.0302.1208 200g/pc (FETA-MIZITHRA-HONEY)



20-25min

40pcs/box 72box/pal

Individual Pies to Bake



TRADITIONAL ROLL SOUR CHEESE - HONEY (white - black sesame)

71.0302.1438 120g/pc

40pcs/box 72box/pal

Bougatsa

BOUGATSA WITH SOUR CHEESE & HONEY (2 SERVINGS)



30-40min 180°C

71.0301.1345 530g/pc

24pcs/box 72box/pal

BOUGATSA WITH CHEESE (honey, black & white sesame)



30-40min 180°C

71.0322.1408 260g/pc

35pcs/box 72box/pal

Cretan

Mini to be baked



KALITSOUNI LYCHNARAKI
(mizithra - anthotyro)

20-25min | 180°C

71.0313.0140 55g/pc

6kg/box | 90box/pal



TRADITIONAL MINI ROLL SOUR CHEESE - HONEY
(white - black sesame)

30min | 180°C

71.0702.1440 35g/pc

6kg/box | 105box/pal

Mini Triangular



CHEESE PIE MINI WITH HONEY AND SESAME

30min | 180°C

71.0102.1190 40g/pc

6kg/box | 90box/pal



NO | NO | NO

Cretan

Mini For frying



4-6min NAI

MINI CHEESE PIE FOR FRYING

71.3513.0314 45g/pc

4kg/box 105box/pal

For frying Individual

FENNEL PIE



4-6min NAI

71.3413.0144 190g/pc **with fennel, greens and sour cheese**

20pcs/box 90box/pal

CHEESE PIE



4-6min NAI

71.3413.0113 190g/pc **with sour cheese**

20pcs/box 90box/pal



4-6min NAI

TYROPITARI

71.3413.1451 220g/pc

20pcs/box 90box/pal



NO NO – NO

Finger Food

FINGER FOOD- FRIED

SPRING ROLLS



5-8min 170-180°C NAI

86.0702.6498 30g/pc **VEGETABLES mini**

2,7kg/box 90box/pal

FLUTES



4-5min 170-180°C NAI

86.0110.6499 35g/pc **HAM-BACON - CHEESE MINI**

3kg/box 90box/pal

MINI BOUREKI WITH EGGPLANT, CHEESE & BACON



4-5min 180°C NAI

86.0702.6501 35g/pc

3kg/box 90box/pal

FILLED CREPES



18-20min 180°C

86.0104.6504 60g/pc **HAM-BACON - CHEESE MINI**

86.0104.6519 60g/pc **SPINACH - CHEESE MINI**

3kg/box 105box/pal



3-6min 180°C

1. From frozen on a griddle/grill plate for about 6 minutes per side at 180°C.

2. From frozen in a preheated oven on a baking tray for 6-8 minutes at 180°C.

FALAFEL BAKED

86.3613.6500 35g/pc

3kg/box 105box/pal



Croquettes - Starters



4-6min

NAI

CROQUETTES

71.3613.0306	35g/pc	CHEES E- HAM
71.3613.0115	35g/pc	4 CHEESE
71.3613.0142	35g/pc	MUSHROOM - BACON

4kg/box

105box/pal



5-8min

NAI

CROQUETTES STICKS

71.3613.0154	35g/pc	MOZZARELLA
71.3613.0121	30g/pc	POTATO

4kg/box

90box/pal



5-8min

NAI

APPETIZERS

71.3713.0252	45g/pc	ZUCCHINI CROQUETTES BREADED
71.3713.0394	45g/pc	TOMATO CROQUETTES BREADED
71.3713.0471	45g/pc	ZUCCHINI CROQUETTES

4kg/box

105box/pal



NO

Fasting & Vegan Choices

TRADITIONAL PIE RECT. 6 PCS



60-70min 170-180°C

71.0502.0426 1500g/pc **CRETA EXTRA (spinach & greens)**

5pcs/box 72box/pal

71.0502.1186 1250g/pc **MUSHROOM**
71.0502.0810 1250g/pc **CRETA EXTRA (spinach & greens)**
71.0502.0777 1250g/pc **LEEK**
71.0502.0809 1250g/pc **ZUCCHINI**
71.0502.0814 1250g/pc **SANTORINI (tomato-olive)**
71.0502.1093 1250g/pc **VEGAN CHEESE***
71.0502.1094 1250g/pc **VEGAN SPINACH-CHEESE***

50-60min 170-180°C

7pcs/box 72box/pal

TRADITIONAL PIE ROUND 8 PCS



60-70min 170-180°C

71.0502.0520 1700g/pc **SPINACH EXTRA**

6pcs/box 48box/pal

TRADITIONAL PIE RECT. 6 PCS



60-70min 170-180°C

71.0402.0107 1500g/pc **SPINACH**

5pcs/box 72box/pal

BAKLAVAS SPINACH (RECTANGULAR) 24PCS



60-70min 170-180°C

71.0502.0256 1700g/pc **SPINACH**

5pcs/box 72box/pal

NO NO 170°C EXTRA VIRGIN OLIVE OIL WITHOUT TRANS FAT



30min

TRADITIONAL STYLE TRIANGLES

71.0302.0038	200g/pc	LEEK
71.0302.0622	200g/pc	CRETA (spinach & greens)
71.0402.0266	200g/pc	MUSHROOM
71.0302.1097	200g/pc	VEGAN SPINACH-CHEESE*

40pcs/box 72box/pal

BOUREKI SPINACH-GREENS



30min

71.0302.1242 220g/pc

40pcs/box 72box/pal

SPIRAL SPINACH



30min

71.0302.0069 220g/pc

40pcs/box 72box/pal



30min

TRADITIONAL ROLLS

71.0302.0563	200g/pc	DOUBLE LEEK
71.0302.0511	220g/pc	DOUBLE POTATO

40pcs/box 72box/pal

*Cheese substitute

NO | NO | 170-180°C | EXTRA VIRGIN OLIVE OIL | WITHOUT TRANS FAT

Fasting Individuals

COUNTRY STYLE TRIANGLES SPINACH



NO 30min

71.0302.0149 200g/pc

40pcs/box 72box/pal

FLUTES



20-25min

71.0303.0358 190g/pc TOMATO - OLIVE

40pcs/box 72box/pal

BAGEL APPLE



20-25min

71.0407.0999 220g/pc

30pcs/box 72box/pal

TWISTED BAGEL TAHINI - HONEY



20-25min

71.0403.0818 220g/pc

25pcs/box 72box/pal



20-25min

BAGELS

71.0310.0166	220g/pc	TOMATO-OLIVE
71.0310.0700	220g/pc	TOMATO

30pcs/box 72box/pal

30min | NO | 180°C

Vegan Choices



50-60min 170-180°C

TRADITIONAL PIE RECT. 6 PCS

71.0502.1093 1250g/pc **VEGAN CHEESE***
71.0502.1094 1250g/pc **VEGAN SPINACH-CHEESE***

7pcs/box 72box/pal



30min 170-180°C

TRADITIONAL MINI PIE

71.0302.1096 200g/pc **VEGAN CHEESE***
71.0302.1097 200g/pc **VEGAN SPINACH-CHEESE***

40pcs/box 72box/pal

Fasting bites

TRIANGULAR COUNTRY BITES



30min 170-180°C

71.0202.0634 40g/pc **SPINACH PIE**
71.0102.0624 40g/pc **POTATO PIE**
71.0102.0300 40g/pc **MUSHROOM PIE**

6kg/box 90box/pal

MINI SPIRAL



30min 170-180°C

71.0102.0070 40g/pc **SPINACH**

6kg/box 90box/pal

FLUTES MINI



30min 170-180°C

71.0110.0165 45g/pc **TOMATO-OLIVES**

6kg/box 90box/pal

MINI VEGETABLE ROLLS



30min 170-180°C

71.0702.0042 35g/pc

4kg/box 150box/pal

*Cheese substitute



NO NO 170°C

Finger Food



3-6min 180°C

FALAFEL BAKED

86.3613.6500 35g/pc

3kg/box 150box/pal

1. From frozen on a griddle/grill plate for about 6 minutes per side at 180°C.

2. From frozen in a preheated oven on a baking tray for 6-8 minutes at 180°C.

Fasting Peinirli



30-35min 180°C
30min 50-60min 40°C

PEINIRLI MEDITERRANEAN

71.0312.0515 260g/pc (TOMATO - OLIVE)

25pcs/box 72box/pal

Fasting Croquettes



5-8min YES

ZUCCHINI CROQUETTES

71.0471 45g/pc

4kg/box 105box/pal



5-8min YES

CROQUETTES STICKS

71.0121 30g/pc POTATO

4kg/box 105box/pal

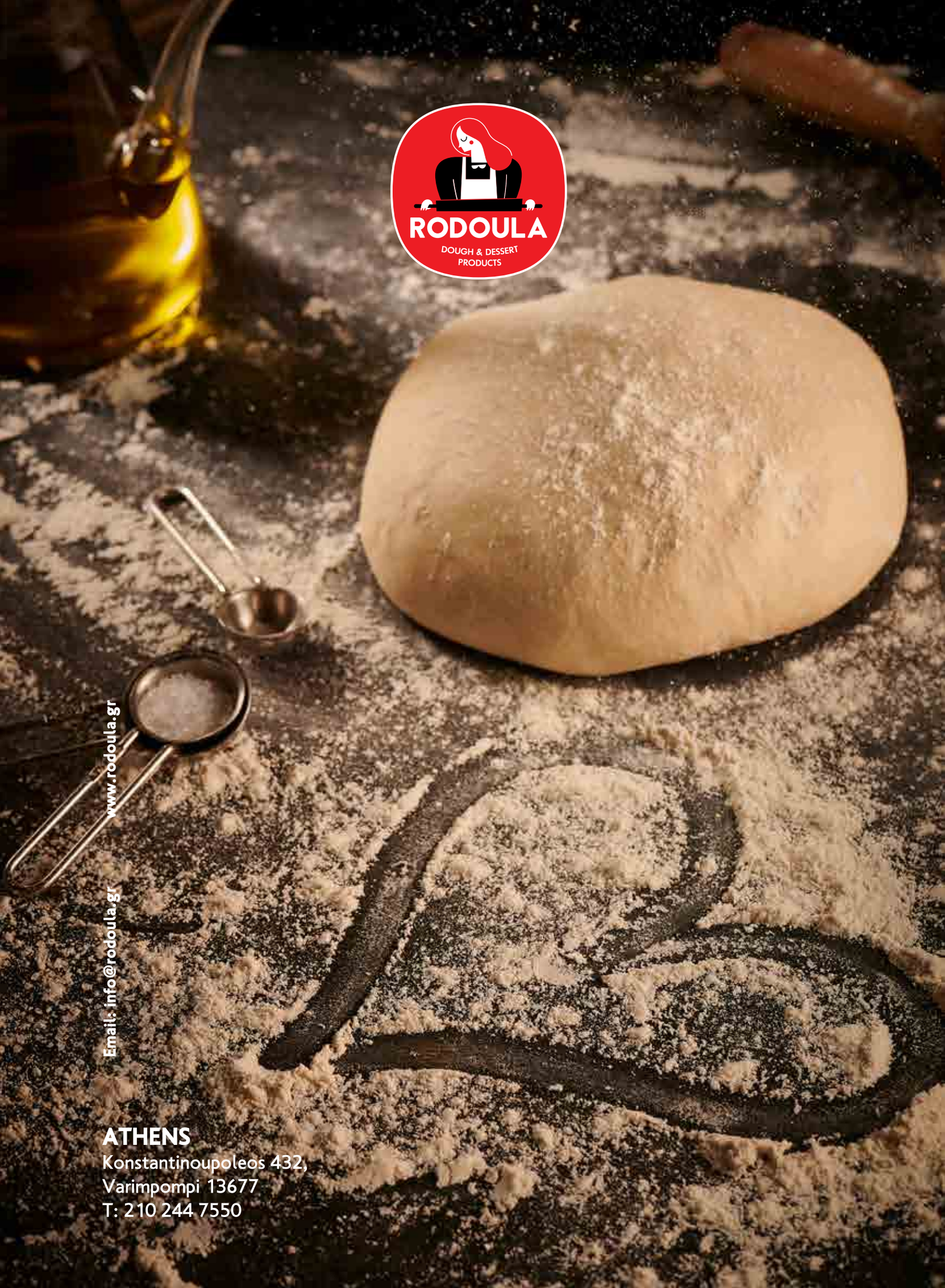


The company RODOULA considers two-way communication with its partners/suppliers or potential partners/suppliers as an integral part of its corporate culture in order to improve and create useful products and services. You can directly contact the key pillars of the company at the following e-mail addresses:

Orders: order@rodoula.gr
(orders, deliveries, products)

Quality control: quality@rodoula.gr
(issues related to the quality and safety of products)

Domestic/International Sales: info@rodoula.gr OR exports@rodoula.gr
(please fill in your contact details and send for the product and brand you are interested in)



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