



Dough

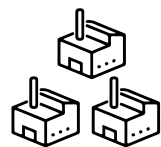
Food Service Products

About us

A delicious story began somewhere in Epirus, in a beautiful house by the lake. With a lot of playing, happy voices, fragrant smells and a grandmother who introduced us to the secrets of gastronomy and well-living. Going through an enchanting experience with her, has left us with an important legacy. A legacy that entails recipes we loved, passion and knowledge about food and a lot of fondness for what we do.

In 1999, Panagiotis and Ilias Karachalios laid the foundation for the future, in a small workshop, in a neighborhood in Athens, with very personal care and fondness. Since the first day of the operation, the goal was –and always remains– to offer safe, well cared, healthy and quality products, through a modern and standardized production processes, combining high technology with traditionally authentic recipes.

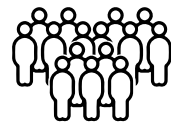
Over the years, we have linked and identified our brand name with the creation of innovative quality and safe products, enhancing our customer-centric character every day. **RODOULA** has stable and reliable partnerships with domestic and foreign suppliers for its raw materials in order to ensure high international quality standards. Through the years **RODOULA** has created many tasty & innovative products, strengthening and supporting its partners businesses' profile, daily putting great efforts through all levels of management in order to achieve higher quality of products.



- 3 factories
- 3 logistics centers
(Athens, Thessaloniki, Creta)
- 18.000 sm²



- 350.000 portions
produced per day



- 400 employees

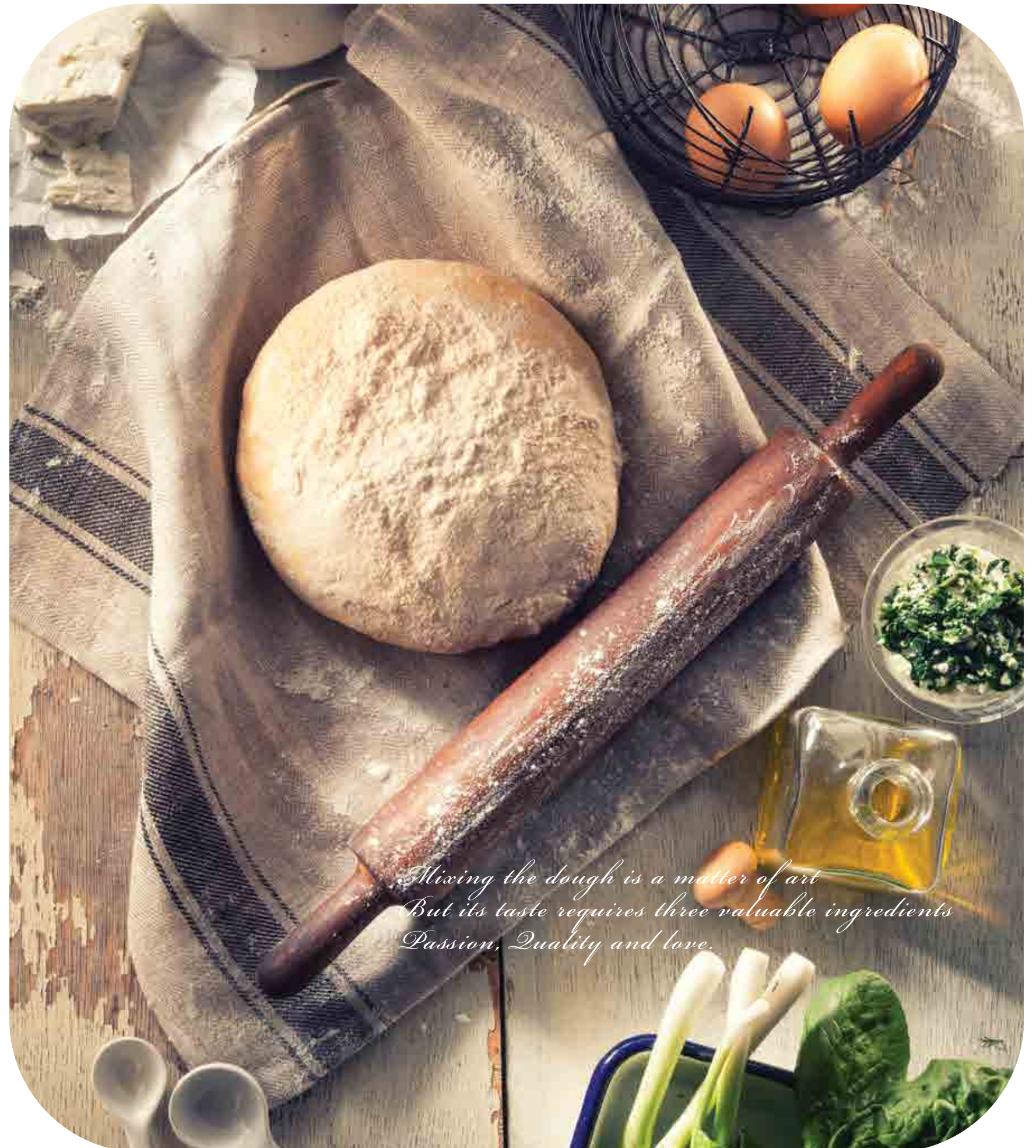


- 5 continents
- 48 countries
- 25.000 points of sale

Yours sincerely,

Panagiotis Karachalios
Ilias Karachalios

PS. We'd like to believe that over the years we have built unbreakable ties and relationships of cooperation and of mutual support and respect, with consistency and dignity.



*Mixing the dough is a matter of art
But its taste requires three valuable ingredients
Passion, Quality and love.*

General instructions for conservation and disposal of the products

We created different categories for every hour during the day with excellent raw materials whose emergence is made through their proper management, both during the storage and display at the points of sale. So, follow the instructions bellow for both defrosting and conservation, and baking procedure, if it is necessary. The products are deep frozen and according to their category are subjected to different handling.



DEFROST



BAKING TIME



BAKING TEMPRATURE



STOVE



SPREADS



FRYING



EXTRA VIRGIN OLIVE OIL



WITHOUT TRANS FAT

INSTRUCTIONS FOR THE PRODUCT MANAGEMENT

- All products must be stored in the freezer (-18oC)
- The shelf-life of products in the freezer (-18oC) is written on the label of each product
- Refreezing is forbidden
- After baking, products must be consumed within 2-3 hours, so you must make sure that the quantity which is baked is sufficient to be consumed within this time period.

BAKING INSTRUCTIONS

- You can find baking instructions for each category in this brochure
- Baking time and temperature are indicative and depend on the type of oven available
- DEFROSTING symbol means that, for better results, you should defrost the product in ambient temperature for 30 minutes before baking
- For better appearance and golden color, you can coat products with milk or egg before baking

QUALITY ASSURANCE

RODOULA company not only follows the current legislation, but is also certificated according to ISO 9001:2015, ISO 22000:2018, IFS & BRC standards, following strict guidelines, aiming at production of safe and high-quality products. All preventive actions and quality control are performed from specialized staff with the help of contemporary equipment.

WARNING

Defrosting and baking time may change according with the type of the available machine. For more specific instructions see below the code. For more information contact with the Quality Department of the company.

T.: 210 247 8615, Email: quality@rodoula.gr



International Certifications
Quality Assurance



International Awards
Quality, Taste & Innovation





Dough

A beautiful story is hidden behind every traditional or modern recipe made by housewives in every corner of Greece, in every corner of our country.

These beautiful stories have aromas, love, pure feelings, care and a special way of life that touches the soul of all of us! Over the years our recipes evolve, the ingredients are enriched and the flavors are completed.

Our values, however, offering the purest ingredients of our land, along with our crispiest, fluffiest and most delicious doughs, remain constant.

Rodoula unfolds all her talent in offering with passion and love all her products!

Our life is full of moments and Rodoula knows how to fill them with unique and delicious flavors!

Traditional Pies

TRADITIONAL PIE RECT. 6 PCS



- 71.0786** 1300g/pc 45,9 oz **CHEESE**
- 71.1223** 1300g/pc 45,9 oz **NAXOS**
- 71.0797** 1300g/pc 45,9 oz **CRETA** (spinach-greens-mizithra)
- 71.1176** 1300g/pc 45,9 oz **MYTILINI** (kasseri-kefalotyri)
- 71.1315** 1300g/pc 45,9 oz **CREAM CHEESE**
- 71.0805** 1300g/pc 45,9 oz **SANTORINI** (tomato-feta-olive)
- 71.1014** 1300g/pc 45,9 oz **ELASSONA** (yogurt-feta-mizithra)
- 71.1157** 1300g/pc 45,9 oz **BOUGATSA**
- 71.1186** 1300g/pc 45,9 oz **MUSHROOM**
- 71.1093** 1300g/pc 45,9 oz **VEGAN CHEESE***
- 71.1094** 1300g/pc 45,9 oz **VEGAN SPINACH-CHEESE***



7pcs/box



90box/pal

TRADITIONAL PIE RECT. 6 PCS

- 71.0428** 1700g/pc 60 oz **CHEESE EXTRA**
- 71.0427** 1700g/pc 60 oz **CRETA EXTRA** (spinach-greens-feta)



6pcs/box



90box/pal

TRADITIONAL PIE RECT. 4 PCS



- 71.1317** 900g/pc 31,7oz **NAXOS** (graviera-feta-mizithra)
- 71.1318** 900g/pc 31,7oz **CRETA** (spinach-greens-feta)



7pcs/box



140box/pal

TRADITIONAL PIE ROUND. 8 PCS



- 71.0526** 1900g/pc 67 oz **CRETA EXTRA** (spinach-greens-feta)
- 71.0514** 1900g/pc 67 oz **CHEESE EXTRA**



6pcs/box



63box/pal



NO



170°C



OPTIONALLY SPREAD
EGG OR MILK



EXTRA VIRGIN
OLIVE OIL



WITHOUT
TRANS FAT



Country - Style

COUNTRY-STYLE ROUND 8 PCS



71.0223 1800g/pc 63,5 oz SPINACH-CHEESE PIE EXTRA
71.0242 1800g/pc 63,5 oz CHEESE PIE EXTRA



6pcs/box 63box/pal

COUNTRY-STYLE ROUND. 6 PCS



71.1381 1250g/pc 44,1 oz CHEESE PIE

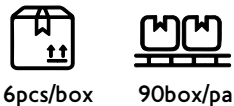


6pcs/box 96box/pal

COUNTRY-STYLE RECT. 6 PCS

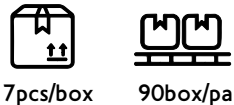


71.0074 1600g/pc 56,4 oz SPINACH-CHEESE PIE
71.0079 1600g/pc 56,4 oz CHEESE PIE



6pcs/box 90box/pal

71.0799 1250g/pc 44,1 oz SPINACH-CHEESE PIE
71.0798 1250g/pc 44,1 oz CHEESE PIE

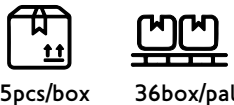


7pcs/box 90box/pal

COUNTRY-STYLE RECT. 12 PCS



71.0226 3750g/pc 132,3 oz SPINACH-CHEESE PIE EXTRA



5pcs/box 36box/pal

71.0227 3750g/pc 132,3 oz CHEESE PIE EXTRA



6pcs/box 36box/pal



NO



170°C



OPTIONALLY SPREAD
EGG OR MILK



EXTRA VIRGIN
OLIVE OIL



WITHOUT
TRANS FAT

Special Pies

**TRADITIONAL CRETAN PIE
RECT. 6PCS (with sesame)**
(SPINACH-GRAVIERA-FETA)



71.1206 1300g/pc 45,9 oz



7pcs/box



90box/pal

MAMA FETA RECT. 6 PIECES



71.0866 1500g/pc 52,9 oz



7pcs/box



90box/pal

**TRADITIONAL CHEESE PIE
RECT. 6PCS (with sesame)**
(FETA-MIZITHRA-HONEY)



71.1198 1300g/pc 45,9 oz



7pcs/box



90box/pal

Baklava Pies

BAKLAVA RECT. 24 PCS



50-60min MEDIUM

71.0189 1800g/pc 63,5 oz **SPINACH-CHEESE**

71.0190 1800g/pc 63,5 oz **CHEESE**



5pcs/box



72box/pal

BAKLAVA ROUND 34 PCS



50-60min

71.0529 1850g/pc 65,3 oz **SPINACH-CHEESE**

71.0566 1850g/pc 65,3 oz **CHEESE**



6pcs/box



63box/pal

**BAKLAVAS TRADITIONAL PIE RECT
24PCS**

71.1156 1100g/pc 38,8 oz **SPINACH-CHEESE**

71.1154 1100g/pc 38,8 oz **NAXOS**



8pcs/box



90box/pal



50-60min



NO



170°C



OPTIONALLY SPREAD
EGG OR MILK



EXTRA VIRGIN
OLIVE OIL



WITHOUT
TRANS FAT

Traditional Pies individual

TRADITIONAL TRIANGLE PIES

71.0597	200g/pc	7,1 oz	CHEESE
71.1221	200g/pc	7,1 oz	NAXOS (graviera-feta-mizithra)
71.0598	200g/pc	7,1 oz	CRETA (spinach-greens-mizithra)
71.1019	200g/pc	7,1 oz	ELASSONA (yogurt-feta-mizithra)
71.1289	200g/pc	7,1 oz	CREAM CHEESE
71.0622	200g/pc	7,1 oz	CRETA (spinach-greens)
71.0038	200g/pc	7,1 oz	LEEKs
71.0266	200g/pc	7,1 oz	MUSHROOM
71.1096	200g/pc	7,1 oz	VEGAN CHEESE*
71.1097	200g/pc	7,1 oz	VEGAN SPINACH & CHEESE*



40pcs/box



90box/pal

TRADITIONAL TRIANGLE PIES

71.0280	200g/pc	7,1 oz	CHEESE PIE
71.0281	200g/pc	7,1 oz	SPINACH-CHEESE PIE
71.0149	200g/pc	7,1 oz	SPINACH PIE



40pcs/box



90box/pal

CRETAN TRIANGLE PIE (with sesame)

71.1207	200g/pc	7,1 oz	(SPINACH-GRAVIERA-KEFALOTYRI-FETA)
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TRADITIONAL TRIANGLE PIE (with sesame)

71.1208	200g/pc	7,1 oz	(FETA-MIZITHRA-HONEY)
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40pcs/box



90box/pal

Spiral Twists

TRADITIONAL ROLL



71.1399	130g/pc	4,6 oz	CHEESE
71.1400	130g/pc	4,6 oz	FENNEL-CHEESE



71.1401	130g/pc	4,6 oz	APPLE
71.1402	130g/pc	4,6 oz	CREAM



40pcs/box



90box/pal



SPIRAL

71.0172	220g/pc	7,8 oz	CHEESE PIE
71.0173	220g/pc	7,8 oz	SPINACH-CHEESE PIE
71.0069	220g/pc	7,8 oz	SPINACH PIE



40pcs/box



90box/pal

ROLL

71.0511	220g/pc	7,8 oz	POTATO
71.0563	200g/pc	7,8 oz	LEEK-LENTEN



40pcs/box



90box/pal

Traditional Boureki



71.1237	220g/pc	7,8 oz	BOUREKI WITH CHEESE (honey-sesame)	71.1238	220g/pc	7,8 oz	BOUREKI WITH SPINACH-GREENS AND CHEESE (with sesame)
				71.1242	220g/pc	7,8 oz	BOUREKI WITH SPINACH- GREENS with sesame



40pcs/box



90box/pal



NO



30min



OPTIONALLY SPREAD
EGG OR MILK



EXTRA VIRGIN
OLIVE OIL



WITHOUT
TRANS FAT



Traditional mini Pies

TRADITIONAL MINI PIE



- 71.1041 40g/pc 1,4 oz CHEESE
- 71.1073 40g/pc 1,4 oz CRETA (spinach-greens-mizithra)
- 71.1044 40g/pc 1,4 oz ELASSONA (yogurt-feta-mizithra)



6kg/box



100box/pal

TRIANGULAR COUNTRY BITES



- 71.0029 40g/pc 1,4 oz CHEESE PIE
- 71.1149 40g/pc 1,4 oz CHEESE PIE PREMIUM
- 71.0642 40g/pc 1,4 oz CHEESE PIE 4 CHEESES
- 71.0041 30g/pc 1,4 oz SPINACH-CHEESE
- 71.1148 40g/pc 1,4 oz SPINACH-CHEESE PREMIUM
- 71.0634 40g/pc 1,4 oz SPINACH PIE
- 71.0624 40g/pc 1,4 oz POTATO PIE
- 71.0300 40g/pc 1,4 oz MUSHROOM PIE



6kg/box



100box/pal



CRETAN TRIANGULAR (with sesame)

- 71.1190 40g/pc 1,4 oz FETA WITH HONEY AND SESAME

MINI ROLLS



- 71.0512 35g/pc 1,2 oz CHEESE
- 71.0042 35g/pc 1,2 oz VEGETABLES (SPRING ROLLS)

MINI SPIRAL



- 71.0152 40g/pc 1,4 oz CHEESE
- 71.0157 40g/pc 1,4 oz SPINACH & CHEESE
- 71.0070 40g/pc 1,4 oz SPINACH



NO



170°C



OPTIONALLY SPREAD
EGG OR MILK



EXTRA VIRGIN
OLIVE OIL



WITHOUT
TRANS FAT



6kg/box



100box/pal



NO



180°C

Bougatsa Style Pies

BOUGATSA WITH CUSTARD CREAM



30-40min

71.0779 530g/pc 18,7 oz CUSTARD CREAM (2 servings)
71.0760 500g/pc 17,6 oz CHEESE PIE (2 servings)



24pcs/box



90box/pal

71.0045 270g/pc 9,5 oz CUSTARD CREAM (2 servings)
71.0116 230g/pc 8,1 oz CHEESE PIE (2 servings)



40pcs/box



90box/pal

BOUGATSA WITH VANILLA CREAM (4 servings)



30-40min

71.0500 1100g/pc 38,8 oz CUSTARD CREAM



9pcs/box



90box/pal

71.0779 530g/pc 18,7 oz CUSTARD CREAM (2 servings)
71.0760 500g/pc 17,6 oz CHEESE PIE (2 servings)

Bougatsa Style Pie



30-40min

BOUGATSA WITH VANILLA CREAM (2 servings)

71.0003 540g/pc 19 oz



24pcs/box



90box/pal

Individual Puff Pastry

PUFF PASTRY



71.0175 200g/pc 7,1 oz **CRESCENT EXTRA**
71.0051 230g/pc 8,1 oz **CRESCENT GIGA**
71.0647 200g/pc 7,1 oz **CRESCENT LINE**



40pcs/box



96box/pal

71.0167 160g/pc 5,6 oz **CHEESE PIE D**
71.0155 150g/pc 5,3 oz **CHEESE PIE D LINE**



50pcs/box



96box/pal

KASSERI PIE



71.0289 230g/pc 8,1 oz **KASSERI PIE**



36pcs/box



96box/pal

CHEESE PIE ROUND



71.0087 210g/pc 7,4 oz **EXTRA**



40pcs/box



96box/pal

KASSERI NET PIE



71.0290 230g/pc 8,1 oz **KASSERI NET PIE**



36pcs/box



96box/pal

CHEESE PIE TRIANGULAR



71.0850 180g/pc 6,3 oz



40pcs/box



90box/pal

BOUGATSA WITH VANILLA CREAM RECT.



71.0688 230g/pc 8,1 oz



35pcs/box



96box/pal



30min



OPTIONALLY SPREAD
EGG OR MILK



180°C

Shortcrust Individual

CHEESE PIE



71.0169 160g/pc 5,6 oz **SHORTCRUST**
71.0204 160g/pc 5,6 oz **SHORTCRUST MACEDONIAN**



50pcs/box



90box/pal

MACEDONIAN SHORTCRUST4 CHEESES (with sesame)



71.0644 160g/pc 5,6 oz



50pcs/box



90box/pal

CHEESE PIE SHORTCRUST WHOLEGRAIN MULTIGRAIN



71.0456 160g/pc 5,6 oz



50pcs/box



90box/pal

CHEESE SHORTCRUST PASTRY OVAL



71.0431 160g/pc 5,6 oz



40pcs/box



100box/pal

CHEESE SHORTCRUST WITH HONEY (with sesame)



71.0861 160g/pc 5,6 oz



40pcs/box



90box/pal

CHEESE TRADITIONAL SHORTCRUST PASTRY (FETA-TOMATA-OLIVE) (with sesame)



71.0503 220g/pc 7,8 oz



35pcs/box



90box/pal

KASSERI SHORTCRUST PASTRY (with sesame)



71.0243 200g/pc 7,1 oz



45pcs/box



90box/pal



30min



OPTIONALLY SPREAD
EGG OR MILK



180°C

Homemade Dough Individual Handmade

FETA CHEESE PIE
SHORTCRUST MAMA



71.0853 150g/pc 5,3 oz



40pcs/box



100box/pal

CHEESE PIE HANDMADE



71.0771 150g/pc 5,3 oz



40pcs/box



100box/pal

HANDMADE NAXOS PIE
WITH GRUYERE



71.0970 160g/pc 5,6 oz



40pcs/box



100box/pal

KASSERI PIE HOMEMADE
(cresent)



71.0354 180g/pc 6,3 oz



30pcs/box



90box/pal

CHEESE PIE HOMEMADE
(cresent)



71.0124 180g/pc 6,3 oz



30pcs/box



90box/pal



30min



OPTIONALLY SPREAD
EGG OR MILK



180°C

Homemade Dough Individual Handmade

HOMEMADE ROUND



71.0496 240g/pc 8,5 oz KASSERI PIE



30pcs/box



90box/pal

KASSERI PIE HOMEMADE



71.0800 240g/pc 8,5 oz



40pcs/box



90box/pal

HOMEMADE NEST PIE WITH GOUDA CHEESE



71.1395 150g/pc 5,3 oz



40pcs/box



100box/pal

KASSERI PARMESAN PIE HOMEMADE



71.0969 240g/pc 8,5 oz



40pcs/box



90box/pal



30min



OPTIONALLY SPREAD
EGG OR MILK



180°C



Homemade Dough Individual Handmade

**HOMEMADE CHEESE PIE
(with sesame)**



71.0134 180g/pc 6,3 oz



40pcs/box



90box/pal

**EPIRUS CHEESE PIE
(with sesame)**



71.0974 180g/pc 6,3 oz



40pcs/box



90box/pal

**CREAM CHEESE SHORTCRUST PASTRY
(with white-black sesame)**



71.1330 180g/pc 6,3 oz



30pcs/box



90box/pal

**HANDMADE KASERI PIE CRESCENT
(with grated cheese)**



71.0217 180g/pc 6,3 oz



30pcs/box



90box/pal

**KASSERI PIE SPECIAL
(with corn seeds)**



71.1003 170g/pc 6,0 oz



45pcs/box



100box/pal

HANDMADE KASERI PIE ROUND



71.0569 230g/pc 8,1 oz **BLACK & WHITE SESAME**



30pcs/box



90box/pal



30min



OPTIONALLY SPREAD
EGG OR MILK



180°C

Homemade Dough Individual Handmade

MINI PUFF PIE



71.0011 30g/pc 1,1 oz MAMA FETA CHEESE



6kg/box



100box/pal

71.0843 25g/pc 0,9 oz CHEESE PIE HOTELLING



10kg/box



90box/pal

KASSERI PIES MINI



71.0014 30g/pc 1,1 oz



6kg/box



90box/pal

SHORTCRUST PIE MINI TRADITIONAL



71.0521 45g/pc 1,6 oz CHEESE

71.1367 45g/pc 1,6 oz VEGAN* CHEESE



6kg/box



100box/pal

SHORTCRUST PIE SNACK MINI GRATED CHEESE



71.0174 40g/pc 1,4 oz



6kg/box



100box/pal

CHEESE PIES MINI KOUROU (with sesame)



71.0066 50g/pc 1,8 oz



6kg/box



100box/pal

SHORTCRUST WHOLEGRAIN



71.0127 45g/pc 1,6 oz CHEESE



6kg/box



100box/pal

Flutes mini



71.0093 40g/pc 1,4 oz CREAM CHEESE
71.0165 45g/pc 1,6 oz TOMATO-OLIVES



6kg/box



100box/pal



30min



OPTIONALLY SPREAD
EGG OR MILK



180°C

Kourou Bites

Greeks Bagels & Flutes

FLUTES



- 71.0407 190g/pc 6,7 oz **CHEESE**
- 71.0063 190g/pc 6,7 oz **CREAM CHEESE**
- 71.0358 190g/pc 6,7 oz **TOMATO-OLIVES**



40pcs/box 90box/pal

BAGELS



- 71.0408 220g/pc 7,8 oz **CHEESE**
- 71.0102 220g/pc 7,8 oz **CREAM CHEESE**
- 71.0166 220g/pc 7,8 oz **TOMATO-OLIVES**
- 71.0700 220g/pc 7,8 oz **TOMATO**
- 71.0301 220g/pc 7,8 oz **PRALINE**



30pcs/box 90box/pal

- 71.0561 220g/pc 7,8oz **GREEK SOFT WHITE CHEESE**



25pcs/box 90box/pal

TWISTY BAGELS



- 71.0614 210g/pc 7,4 oz **CHEESE**
- 71.1349 220g/pc 7,8 oz **CREAM CHEESE**
- 71.0818 220g/pc 7,8 oz **TAHINI & HONEY**



25pcs/box 90box/pal



30min



OPTIONALLY SPREAD
EGG OR MILK



180°C



NO



30min 40°C



OPTIONALLY SPREAD
EGG OR MILK



180°C

Mini Croissant

MINI CROISSANT BUTTER



20-25min

71.0170 40g/pc 1,4 oz



8kg/box



90box/pal

MINI CROISSANT VIENNESE



20-25min

71.1001 45g/pc 1,6 oz



6kg/box



90box/pal

MINI CROISSANT CHEESE



20-25min

71.0171 70g/pc 2,5 oz **CHEESE**
71.1336 70g/pc 2,5 oz **CREAM CHEESE**



8kg/box



90box/pal

MINI CROISSANT BUTTER WITH CHOCOLATE



20-25min

71.0106 60g/pc 2,1 oz



8kg/box



90box/pal

MINI CROISSANT TWIST WITH CHOCOLATE



20-25min

71.0874 70g/pc 2,5 oz



8kg/box



90box/pal

Croissants

KROYAZAN



86.5117 120g/pc 4,2 oz **BUTTER GIGA**
86.5353 120g/pc 4,2 oz **MARGARINE MAXI**



60pcs/box



100box/pal

86.5046 150g/pc 5,3 oz **FILLED WITH PRALINE**



65pcs/box



90box/pal

CROISSANT



71.0579 190g/pc 6,7 oz **PRALINE**
71.0580 190g/pc 6,7 oz **PRALINE-BANANA**



50pcs/box



90box/pal

CROISSANT CHOCOLATE GIGA



71.0097 140g/pc 4,9 oz



60pcs/box



100box/pal

APPLE CROISSANT



71.0158 200g/pc 7,1 oz



50pcs/box



100box/pal

CROISSANT APPLE PIE NET



71.0413 200g/pc 7,1 oz



50pcs/box



48box/pal

BRAID CROISSANT PRALINE-BANANA



71.0417 190g/pc 6,7 oz



50pcs/box



90box/pal



NO



90min 40°C



OPTIONALLY SPREAD
EGG OR MILK



180°C



Croissant Bites

CROISSANT BUTTER MINI



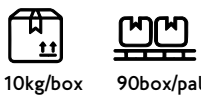
86.5118 25g/pc 0,9 oz BUTTER



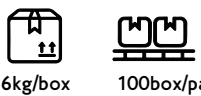
CROISSANT MARGARINE



86.5662 25g/pc 0,9 oz MARGARINE HOTELLING



86.5358 25g/pc 0,9 oz MARGARINE



SWEET ROLLS MINI



71.0058 40g/pc 1,4 oz (dried grape-cream)



NO



90min 40°C



OPTIONALLY SPREAD
EGG OR MILK



180°C

Croissant Bites

CROISSANT MINI FILLED WITH PRALINE CROISSANT MINI FILLED WITH PRALINE



15-20min

86.5623 35g/pc 1,2 oz



6kg/box



100box/pal



20-25min

71.0019 35g/pc 1,2 oz



6kg/box



100box/pal

CROISSANT PRALINE MINI



20-25min

71.0412 40g/pc 1,4 oz



6kg/box



100box/pal

CROISSANT PRALINE-BANANA MINI



20-25min

71.0589 40g/pc 1,4 oz



6kg/box



100box/pal

APPLE CROISSANTS MINI



20-25min

71.0020 40g/pc 1,4 oz



6kg/box



100box/pal

BOUGATSA WITH VANILLA CREAM CROISSANTS MINI



20-25min

71.0016 40g/pc 1,4 oz



6kg/box



100box/pal



NO



90min 40°C



OPTIONALLY SPREAD
EGG OR MILK



180°C



All - Bran Multigrain



KOULOURI WHOLEGRAIN

71.0129 220g/pc 7,8 oz GREEK SOFT WHITE CHEESE



25pcs/box



90box/pal



CHEESE PIE SHORTCRUST WHOLEGRAIN MULTIGRAIN

71.0456 160g/pc 5,6 oz



50pcs/box



90box/pal

KOULOURI MULTIGRAIN (PUFF)



71.1010 230g/pc 8,1 oz GREEK SOFT WHITE CHEESE

71.1353 230g/pc 8,1 oz CREAM CHEESE



25pcs/box



90box/pal



71.0975 200g/pc 7,1 oz TURKEY-CREAM CHEESE



40pcs/box



90box/pal



NO



30min 40°C



OPTIONALLY SPREAD
EGG OR MILK



180°C

Traditional Peinerli

PEINIRLI MEDITER.



30-35min



20pcs/box



90box/pal

71.0110 260g/pc 9,2 oz (CHEESE - TOMATO - OLIVES)

71.0515 270g/pc 9,5 oz (TOMATO - OLIVE)



25pcs/box



90box/pal

Peinerli Special



6-8min



25pcs/box



48box/pal

PEINIRLI MEDITER. SPECIAL (cheese-tomato-olives)

71.1151 230g/pc 8,1 oz

Pizza Nest



20-25min

71.1326 240g/pc 8,5 oz

MEDITER. (CHEESE - TOMATO - OLIVES)



30pcs/box



90box/pal



OXI



50-60min
40°C



ΠΡΟΑΙΡΕΤΙΚΑ
ΓΑΛΛ'Η ΑΥΓΟ



180°C

Pizza & Pinsa Toscana

PINSA TOSCANA



71.1416 480g/pc 16,9 oz ROUND TOMATO SAUCE (MOZZARELLA) 6-8PCS

10pcs/box 24box/pal

71.1414 480g/pc 480g/pc OVAL TOMATO SAUCE (MOZZARELLA) 4-6PCS

10pcs/box 60box/pal



71.1422 480g/pc 16,9 oz TOMATO SAUCE (MOZZARELLA) 6-8PCS 71.1423 320g/pc 10,9 oz TOMATO SAUCE (TOMATO SAUCE) 2PCS

10pcs/box 24box/pal 15pcs/box 96box/pal

Pizza & Pinsa Toscana

PIZZA INDIVIDUAL TOSCANA



71.1421 180g/pc 6,3 oz TOMATO SAUCE (mozzarella)

25pcs/box 48box/pal

PEINIRLI TOSCANA



71.1413 180g/pc 6,3 oz TOMATO SAUCE (MOZZARELLA)

25pcs/box 48box/pal

HANDLING INSTRUCTIONS

- 1. Allow the product to thaw at room temperature for approximately 15 minutes.
- 2. Bake in the oven in the air at 180 degrees or in the resistances at 230 degrees for 5-7 minutes depending on the power of the oven.



Cretan

Pies



TRADITIONAL CRETAN PIE RECT. 6PCS
(with sesame)
(SPINACH-GRAVIERA-FETA)

71.1206 1300g/pc 45,9 oz



7pcs/box



90box/pal



TRADITIONAL CHEESE PIE RECT. 6PCS
(with sesame)
(FETA-MIZITHRA-HONEY)

71.1198 1300g/pc 45,9 oz



7pcs/box



90box/pal

Triangular Individual

CRETAN TRIANGLE PIE (with sesame)

71.1207 200g/pc 7,1 oz (SPINACH-GRAVIERA-KEFALOTYRI-FETA)

TRADITIONAL TRIANGLE PIE (with sesame)

71.1208 200g/pc 7,1 oz (FETA-MIZITHRA-HONEY)



40pcs/box



90box/pal



20-25min

Mini Triangular

CRETAN TRIANGULAR (with sesame)

71.1190 40g/pc 1,4 oz FETA WITH HONEY AND SESAME



6kg/box



100box/pal



30min



NO



170°C



OPTIONALLY SPREAD
EGG OR MILK



EXTRA VIRGIN
OLIVE OIL



WITHOUT
TRANS FAT

Mini to be baked



KALITSOUNI LYCHNARAKI
(mizithra - anthotyro)

71.0140 65g/pc 2,3 oz



6kg/box



100box/pal

Fried Individual

FENNEL PIE



71.0144 190g/pc 6,7 oz



20pcs/box



100box/pal

CHEESE PIE



71.0113 190g/pc 6,7 oz



20pcs/box



100box/pal

Mini Fried

MINI CHEESE PIE FOR FRYING



71.0314 45g/pc 1,6 oz



6kg/box



100box/pal

MINI FENNEL PIE FOR FRYING



71.1375 45g/pc 1,6 oz



6kg/box



100box/pal

Individual pies

BOUGATSA WITH SOUR CHEESE & HONEY



71.1345 530g/pc 18,7 oz



24pcs/box



90box/pal

BOUGATSA WITH CHEESE
(honey, black & white sesame)



71.1408 230g/pc 8,1 oz



35pcs/box



90box/pal



NO



NO

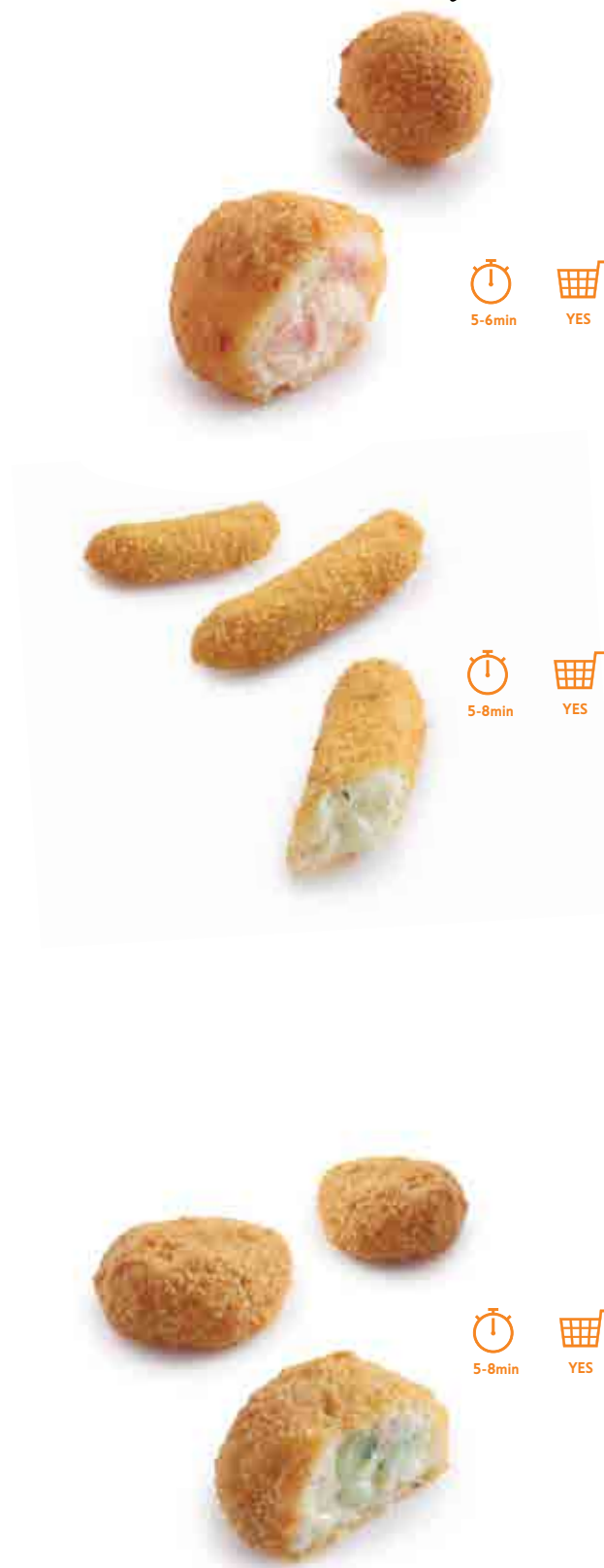


NO



NO

Croquets - Starters



CROQUETTES

- | | | | |
|---------|--|---|-----------------------|
| 71.0115 | 35g/pc | 1,2 oz | 4 CHEESE |
| |  |  | |
| | 6kg/box | 100box/pal | |
| 86.6505 | 25g/pc | 0,9 oz | SPINACH & FETA CHEESE |
| |  |  | |
| | 6kg/box | 120box/pal | |

CROQUETTES STICKS

- | | | | | |
|---------|--|---|--------------|--|
| 71.0154 | 35g/pc | 1,2 oz | MOTSARELA | |
| 71.0121 | 35g/pc | 1,2 oz | POTATO | |
| 71.1411 | 35g/pc | 1,2 oz | CREAM CHEESE |  1-2min |
| |  |  | | |
| | 6kg/box | 100box/pal | | |

APPETIZERS

- | | | | |
|---------|--|---|-----------------------------|
| 71.0252 | 45g/pc | 1,6 oz | ZUCCHINI CROQUETTES BREADED |
| 71.0394 | 45g/pc | 1,6 oz | TOMATO CROQUETTES BREADED |
| 71.0471 | 45g/pc | 1,6 oz | ZUCCHINI CROQUETTES |
| |  |  | |
| | 6kg/box | 100box/pal | |





Fasting & Vegan Choices

TRADITIONAL PIE RECT. 6 PCS



71.0426 1700g/pc 60,0 oz **CRETA EXTRA (spianch & lentils)**



5pcs/box



72box/pal



60-70min

71.1186 1300g/pc 45,9 oz **MUSHROOM**

71.0810 1300gpc 45,9 oz **CRETA EXTRA (spianch & lentils)**

71.0777 1300g/pc 45,9 oz **LEEK**

71.0809 1300g/pc 45,9 oz **ZUCCHINI**

71.0814 1300g/pc 45,9 oz **SANTORINI (tomato-feta-olive)**

71.1093 1300g/pc 45,9 oz **VEGAN CHEESE***

71.1094 1300g/pc 45,9 oz **VEGAN SPINACH-CHEESE***



7pcs/box



90box/pal



50-60min

TRADITIONAL PIE ROUND 8 PCS



60-70min

71.0520 2000g/pc 70,5 oz **SPINACH EXTRA**



6pcs/box



63box/pal

TRADITIONAL PIE RECT. 6 PCS



60-70min

BAKLAVAS SPINACH (RECTANGULAR) 24PCS



60-70min

71.0107 1600g/pc 56,4 oz **SPINACH-CHEESE**



5pcs/box



90box/pal

71.0256 1800g/pc 63,5 oz **SPINACH**



5pcs/box



90box/pal



NO



170°C



OPTIONALLY SPREAD
EGG OR MILK



EXTRA VIRGIN
OLIVE OIL



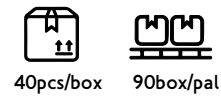
WITHOUT
TRANS FAT

Fasting Individuals

TRADITIONAL STYLE TRIANGLES



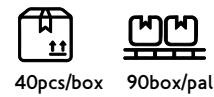
- 71.0038 200g/pc 7,1 oz LEEK
- 71.0622 200g/pc 7,1 oz CRETA (spianch & lentils)
- 71.0266 200g/pc 7,1 oz MUSHROOM
- 71.1096 200g/pc 7,1 oz VEGAN CHEESE*
- 71.1097 200g/pc 7,1 oz VEGAN SPINACH-CHEESE*



BOUREKIS SPINACH-LENTILS



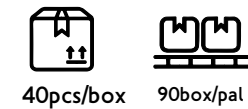
71.1242 220g/pc 7,8 oz



TRADITIONAL ROLLS



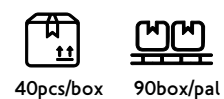
71.1401 130g/pc 4,6 oz APPLE



SPIRAL SPINACH & GREENS



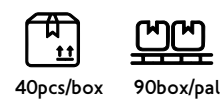
71.0069 220g/pc 7,8 oz



TRADITIONAL ROLLS



71.0563 200g/pc 7,1 oz DOUBLE LEEK
71.0511 220g/pc 7,8 oz DOUBLE POTATO



NO



170°C



OPTIONALLY SPREAD
EGG OR MILK



EXTRA VIRGIN
OLIVE OIL



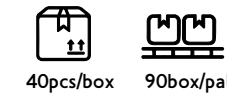
WITHOUT
TRANS FAT

Fasting Individuals

COUNTRY STYLE TRIANGLES SPINACH



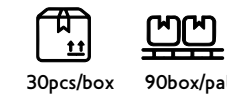
71.0149 200g/pc 7,1 oz



BAGGEL APPLE



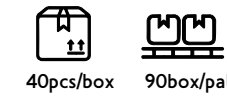
71.0999 220g/pc 220g/pc



FLUTES



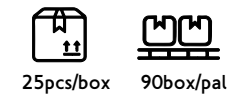
71.0358 190g/pc 6,7 oz TOMATO - OLIVE



TWISTED BAGEL TAHINI - HONEY



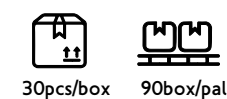
71.0818 220g/pc 7,8 oz



BAGELS



71.0166 220g/pc 7,8 oz TOMATO-OLIVE
71.0700 220g/pc 7,8 oz TOMATO



NO



NO



OPTIONALLY SPREAD
EGG OR MILK

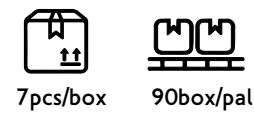


170°C

Vegan Choices

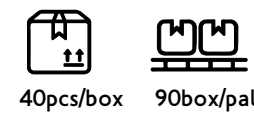
TRADITIONAL PIE RECT. 6 PCS

71.1093 1300g/pc 45,9 oz **VEGAN CHEESE***
71.1094 1300g/pc 45,9 oz **VEGAN SPINACH-CHEESE***



TRADITIONAL MINI PIE

71.1096 200g/pc 7,1 oz **VEGAN CHEESE***
71.1097 200g/pc 7,1 oz **VEGAN SPINACH-CHEESE***



Fasting bites

TRIANGULAR COUNTRY BITES



71.0634 40g/pc 1,4 oz **SPINACH PIE**
71.0624 40g/pc 1,4 oz **POTATO PIE**
71.0300 40g/pc 1,4 oz **MUSHROOM PIE**



FLUTES MINI



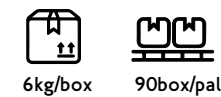
71.0165 45g/pc 1,6 oz **TOMATO-OLIVES**



MINI SPIRAL



71.0070 40g/pc 40g/pc **SPINACH**



MINI VEGETABLE ROLLS



71.0042 35g/pc 1,2 oz



*Cheese substitute



OPTIONALLY SPREAD
EGG OR MILK





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ATHENS

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